

## **Covid Quarantine and Isolation Policies 2104**

The following Covid-19 quarantine policies and guidelines are in place in the event a member of our community tests positive during the 2104 semester and will be reviewed regularly and in line with government measures. Please note that this process is subject to the hygiene station decision in any specific situation.

### **1) If a student or staff member tests positive for Covid-19 (antigen test):**

1. He or she must be isolated for at least 5 days as in paragraph 2).
2. Or, he or she needs to take a PCR test to confirm the results. If positive, he or she must isolate. If negative, no isolation is required.

### **2) If a student or staff member tests positive for Covid-19 (PCR test):**

1. He or she will be contacted by the local hygiene station to provide information about his/her last contacts.
2. He or she must be isolated for at least 5 days;
3. Arrange for permission and access to classes remotely, assuming you are not too ill to study or teach. Arrange for a permitted absence for illness in the event you cannot study or teach remotely.

#### **Ending Isolation:**

1. If showing no symptoms, the isolation ends after 5 days without a test;
2. If showing Covid symptoms, the isolation ends after 2 days when not showing any more symptoms without a test (but this cannot be shorter than 5 days);

### **3) If students or staff is in a risky contact with someone who tested positive:**

Risky contact (or epidemiologically significant contact) is a contact of a healthy person with an ill person when a transmission of the infection can happen.

#### Signs of a risky contact:

- a) Members of the same household or
- b) Direct contact (a hug, handshake, etc.) without a respirator or
- c) Contact for a period longer than 5 minutes (or several shorter contacts), at a distance shorter than 1,5 meters in which at least one of the parties does not have proper respiratory protection (as proper protection is considered only a respirator or nano mask; a fabric mask, scarf or shawl is not sufficient). When there is proper respiratory protection, contact at a distance shorter than 1,5 meters is not considered a risky contact.

Approximate time frame of risky contact: 3-5 days before the positive person showed first symptoms or tested positive.

Steps to be taken:

1. Quarantine for a minimum of 5 days (day of contact is day zero);
2. It is recommended to wear a respiratory mask during 5 days after the end of quarantine (days 6-10 after the risky contact);
3. In case of positive symptoms in the period of 14 days after the contact, it is recommended to do a PCR test.

### **What does it mean for students, lecturers and staff:**

1) If a student, lecturer or staff member has tested positive but had no contact with anyone from Prague City University, follow paragraph 1) and 2) above, or any other updated official measures.

Students must contact Student Services and their Programme Leader to obtain permission to study remotely (by remote participation in the hybrid classes and other digital campus activities).

Lecturers should contact their Programme Leader for guidance on replacing teaching or gaining permission to teach from quarantine in the event that there are few to no symptoms.

2) If a student, lecturer or staff member has tested positive and had contact with Prague City University students or staff - follow paragraph 1) and 2) and inform the university immediately (Student Services, Programme Leader, etc) with the list of students or staff who the person was in contact with over the past 3-5 days before showing first symptoms. We will then ask the study group, teacher or staff members to follow paragraph 3) and cooperate with the local hygienic station.\*

### **Teaching**

If there is a positive case we will continue teaching in the following ways (all subject to individual class situation, number of people affected and vaccination status of the group):

1. A positive teacher with no (or few symptoms) may be approved to teach online from home.
2. A positive teacher with symptoms - same as any other sick-leave - should contact the Programme Leader and the classes will be cancelled, postponed or taught by someone else.
3. A positive student with no (or few symptoms) should contact Student Services for permission for remote study until they get back to the classroom.
4. A positive student with symptoms should contact Student Services and request the excused absence for illness.
5. If in direct contact with classmates and/or lecturer then the teaching could be switched to online, depending on the vaccination status of the group or groups in question.

This is valid from 27. 9. 2021.

Last update: 11. 1. 2022.